

By-laws of the Leyden-Norwood Athletic Conference

I. Name: The name of the organization shall be the Leyden-Norwood Athletic Conference.

II. Membership:

A. The Leyden-Norwood Athletic Conference shall consist of schools in the near west suburban area organized and desiring to promote interschool athletics and any activities as the participating schools may determine appropriate.

1. Rosemont	District 78
2. Pennoyer	District 79
3. Giles	District 80
4. Leigh	District 80
5. Lincoln Jr. High	District 81
6. Mannheim Middle School	District 83
7. Hester Jr. High	District 84
8. Rhodes	District 84.5
9. River Grove	District 85.5
10. Union Ridge	District 86
11. Elm	District 401

B. Membership in the Leyden-Norwood Athletic Conference is retained only adherence to all rules and regulations of the conference and by annual participation in all of these sports. In the event of a school's inability to field a team in any one sport, one year exception will be granted.

Girls & Boys — must participate in all these sports:

1. Basketball
2. Volleyball
3. Softball
4. Soccer

All other events will be organized on a voluntary basis. If an adequate number of schools become involved and express an interest for another sport, they may do so on their own initiative.

III. Organization:

IV. Contracts:

V. Protests:

VI. Officials:

All officials must be competent and have affiliation with one or more of the following organizations:

- A. Illinois High School Association;
- B. American Officials Association;
- C. National Federation of State High School Athletic Association; or
- D. Amateur Softball Association

Officials Reimbursement: 2015-2016

Volleyball (Boys and Girls)	\$65.00 (2 games) \$35.00 (1 game)
Basketball (Boys and Girls)	\$75.00 (2 games) \$45.00 (1 game)
(only one official present)	\$110.00
Softball:	
Boys	\$45.00
Girls	\$55.00
Soccer (Boys and Girls)	\$55.00

Tournament official bonus rate: \$10.00

Note: No official may officiate more than two games in one day.

VII. Eligibility:

A. Age requirements:

1. Girls and Boys on the 8th Grade Team must not have reached their 15th birthday before the 1st day of school to be eligible for that school year.
2. Girls and Boys on the 7th Grade Team must not have reached their 14th birthday before the 1st day of school to be eligible for that school year.

B. Scholastic eligibility should be as uniform as possible. Students with failing grades and/or incomplete work should be ineligible. It is suggested that eligibility be determined on a week-to-week basis.

C. All birth dates of participants must be certified by the school.

D. Physical examinations shall be annually for all participants.

E. No sport activity of any type (e.g. clinics, try-outs, practices, or camps) during the school year can begin before the last regular season game of the preceding sport. A violation will be investigated by the Director and brought before the governing board for discipline proceedings. Schools hosting the tournament may have tryouts for a sport one week prior to the beginning of the tournament.

F. If a school has an inadequate facility for a sport in the judgment of a majority of the Governing Board, that school is urged to arrange for other facilities for their home game(s).

- G.** Both sexes shall be accorded equal opportunities to participate in athletic programs. When a team is provided only for members of one sex, members of the excluded sex must be allowed to compete for a place on the team if their overall athletic opportunities have been limited in comparison with those of the other sex.

At least once every four (4) years each school district in the conference shall assess student athletics interest by administering a written survey to all students. If the results suggest changes in the present sport offerings, the Leyden-Norwood Athletic Conference Governing Board shall take the information under advisement.

VIII. Host School *Tournament Schedule:*

Refer to Appendix A

IX. Yearly Calendar:

Boys'/Girls' Softball	Start of School until mid Oct.
Cross-Country	Start of School until mid Oct.
Girls' Volleyball	Mid-Oct. until late Nov.
Boy's Soccer	Mid-Oct. until late Nov.
Boys' Basketball	Late Nov. until late January
Girls' Basketball/Scholastic Bowl	February and March
Boys' Volleyball	April and May
Girls' Soccer	April and May

An exact game schedule of each activity will be submitted to the Superintendents by the director during the spring of the year.

X. League Trophies and Awards:

- A. Softball — Boys and Girls — 12 Trophies / 60 Medallions**
1. One Trophy — League Champion — Boys (Blue & Gold Div.)
 2. One Trophy — League Champion — Girls (Blue & Gold Div.)
 3. 1st, 2nd, 3rd, 4th Places for Playoffs – Boys
 4. 1st, 2nd, 3rd, 4th Places for Playoffs — Girls
 5. 30 – 1st Place Medallions for Tournament Champ (15 Boys/15 Girls)
 6. 30 – 2nd Place Medallions for Tournament Runner-Up (15 Boys/15 Girls)
- B. Volleyball — Boys and Girls — 24 Trophies / 120 Medallions**
1. Two Trophies - League Champion - 7th Gr. Boys (Blue & Gold Div.)
 2. Two Trophies - League Champion - 8th Gr. Boys (Blue & Gold Div.)
 3. Two Trophies - League Champion - 7th Gr. Girls (Blue & Gold Div.)
 4. Two Trophies - League Champion - 8th Gr. Girls (Blue & Gold Div.)
 5. 1st, 2nd, 3rd, 4th Places for Playoffs – 7th Gr. Boys
 6. 1st, 2nd, 3rd, 4th Places for Playoffs – 8th Gr. Boys
 7. 1st, 2nd, 3rd, 4th Places for Playoffs – 7th Gr. Girls
 8. 1st, 2nd, 3rd, 4th Places for Playoffs – 8th Gr. Girls
 9. 30–1st Place Medallions for Tournament Champ (15–8th/15–7th) Girls
 10. 30–1st Place Medallions for Tournament Champ (15–8th/15–7th) Boys
 11. 30–2nd Place Medallions for Tournament Runner–Up (15–8th/15–7th) Girls
 12. 30–2nd Place Medallions for Tournament Runner-Up (15–8th/15–7th) Boys

C. Basketball — Boys and Girls – 24 Trophies / 120 Medallions

1. Two Trophies - League Champion - 7th Gr. Boys (Blue & Gold Div.)
2. Two Trophies - League Champion - 8th Gr. Boys (Blue & Gold Div.)
3. Two Trophies - League Champion - 7th Gr. Girls (Blue & Gold Div.)
4. Two Trophies - League Champion - 8th Gr. Girls (Blue & Gold Div.)
5. 1st, 2nd, 3rd, 4th Places for Playoffs – 7th Gr. Boys
6. 1st, 2nd, 3rd, 4th Places for Playoffs – 8th Gr. Boys
7. 1st, 2nd, 3rd, 4th Places for Playoffs – 7th Gr. Girls
8. 1st, 2nd, 3rd, 4th Places for Playoffs – 8th Gr. Girls
9. 30–1st Place Medallions for Tournament Champ (15–8th/15–7th) Girls
10. 30–1st Place Medallions for Tournament Champ (15–8th/15–7th) Boys
11. 30–2nd Place Medallions for Tournament Runner-Up (15–8th/15–7th) Girls
12. 30–2nd Place Medallions for Tournament Runner-Up (15–8th/15–7th) Boys

D. Free throws award – 8 Medallions

1. Two for 1st place – boys' and girls'
2. Two for 2nd place — boys' and girls'

E. Soccer – Boys and Girls – 2 Name Plates / 160 Medallions

1. One Trophy — League Champion — Boys (Blue & Gold Div.)
2. One Trophy — League Champion — Girls (Blue & Gold Div.)
3. Name plate engraved on traveling trophy – Boys
4. Name plate engraved on traveling trophy — Girls
5. 40 – 1st Place Medallions for Tournament Champ (20 Boys/20 Girls)
6. 40 – 2nd Place Medallions for Tournament Runner-Up (20 Boys/20 Girls)
7. 40 – 3rd Place Medallions for Tournament 3rd Place Finishers (20 Boys/20 Girls)
8. 40 – 4th Place Medallions for Tournament 4th Place Finishers (20 Boys/20 Girls)

XI. Rescheduling:

A. Rescheduling is coach's responsibility.

B. Should be done before season begins.

C. Changes can occur during the season only when an emergency arises.

D. The coach should:

1. Make arrangements with the opposing coach for an agreeable date;
2. Have the approval of the principal;
3. Notify contact person;
4. Notify league director; and,
5. Contact officials if a home game.
6. No games can be rescheduled after the last scheduled conference game.

XII. Sports:

A. General Rules:

1. Girls' softball, girls' and boys' basketball, girls' and boys' volleyball, cross-county and scholastic bowl will be placed under the National Federation of State High School Association Rules. Boys' softball will be placed under the Amateur Softball Association Rules.
2. There will be a seventh and eighth grade team, except for softball and soccer where there will be one team.
3. The eighth grade will play first during the first half of the season, and the seventh grade will play first during the second half of the season. The second half of the season will be designated at the coaches' meeting.
4. No girl or boy can play on both the seventh and eighth on the same day. A player may move up at any time during the regular season. Once you move up, you may not move down for the season. During tournament play a player cannot be moved once a roster is submitted.
5. Each team member shall be numbered on the front and back of the team jersey with plain Arabic numerals. The following numbers are legal: 0, 1, 2, 3, 4, 5, 00, 10, 11, 12, 13, 14, 15, 20, 21, 22, 23, 24, 25, 30, 31, 32, 33, 34, 35, 40, 41, 42, 43, 44, 45, 50, 51, 52, 53, 54, 55. A team member list shall not have both numbers 0 and 00.
6. Uniforms shall be worn by teams. All team members should have the same color top. All team members should have the same color shorts.
7. Division play occurs in all sports. The league director will take a census in January or February of the present 6th and 7th grades to determine size of schools. The director will then assign placement in divisions based on enrollment. The teams will be seeded in the tournament by record. Ties will be broken using these criteria's:
 - a. 1st — head to head;
 - b. When a 3-way tie occurs, head to head will be checked first; if no resolution then a coin flip will result.Presently the Middle Schools and Junior High Schools make up the Gold Conference while the other schools make up the Blue Conference.
Gold Conference: Hester, Elm, Mannheim, Lincoln
Blue Conference: Giles, Leigh, Rosemont, Pennoyer, River Grove, Rhodes, Union Ridge
8. The top 8 teams make the playoffs, except in soccer where the top 2 teams from each division make the playoffs.
9. All officials in tournament play will be paid by the host school, except in softball and soccer in which the league director will pay the officials.
10. Home teams supply balls for warm-ups for basketball and volleyball. For softball and soccer, teams bring own equipment. Home team supplies new ball, nets (soccer) and bases (softball).
11. If a team is going to be late for a competition, it should call ahead to notify the host school. If a school doesn't call, forfeit time is 4:30 p.m. If a school calls, forfeit time is 4:45 p.m. When the games start late, coaches must realize that the officials have other commitments. The length of the game or timing of the game might have to be adjusted. Both coaches and officials should reach a compromise of some sort.
12. If a game is going to be canceled or rescheduled and the referee is not notified at least one week in advance, the referee is to be paid. In softball and soccer, with weather conditions, if the umpire/official was not contacted and gets to the site where a rainout occurs, he/she is paid a \$10.00 travel fee.
13. **Ejections for unsportsmanlike conduct are considered decisions of contest officials and will not be subject to appeal. Ejections will occur after an individual (coach or player) receives two (2) technical fouls or receives one (1) red card. Coaches or players ejected for unsportsmanlike conduct must miss the next scheduled contest (regular season or tournament). Enforcement of this rule will be enforced by the building Principal and/or his/her designee.**

B. Volleyball

Follow the rule book with exceptions noted below:

1. 25 point game with no time limit or shut out rule, but must win by two points.
2. Official leather, lace less volleyball shall be used.
3. The height of the net shall be 7 feet 6 inches for boys and 7 feet for girls.
4. **Warm up time will be 2-2-2-2 minutes.**

C. Basketball

Follow the rule book with exceptions noted below:

1. **For boys, once a 20-point difference in the score is reached, the team that is ahead cannot full court press or a technical foul will be assessed; for girls, a 15-point difference. In the 4th quarter, neither team can press full court if the point differential is reached (20 points boys, 15 points girls).**
2. Girls will use the small girls' regulation size basketball — 28" to 29" circumference – 18 to 20 ounce ball.
3. Six minute quarters.
4. Four 60 second time-outs may be charged to each team during a regulation game. Each team is entitled to one additional 60 second time-out during each extra period. Unused time-outs accumulate and may be used at any time.
5. **A running clock shall be used in the fourth quarter games that have at least a 30 point differential score. Once a game reaches this differential and the clock starts running, it will continue running and stop only for one of the following:**
 - A team timeout
 - An injury timeout or removal of a disqualified player
 - The administration of a penalty for a technical foul
 - An official's timeout
 - Correctable error situation

D. Softball

1. The boys' game will be played with a 16" Clincher Ball; girls' 12" ball.
2. Boys' game will be slow pitch; the girls' game will be fast pitch.
3. Rain outs — apply By-Laws Paragraph XI.
4. Playoffs – the team with the highest seeding in the tournament will be the home team. For the championship, the team with the better record is the home team. If identical records, head-to-head determines home field advantage.
5. If umpire does not show up, an emergency ump may be used or the game will be rescheduled.
6. Rules: Follow rules of the Amateur Softball Association Rule Book, except for the items listed below:
 - a. No steel spikes allowed.
 - b. Bases 60 feet apart.
 - c. Must have safety base at first base.
 - d. Home team supplies bases and balls.
 - e. On the third strike or foul, the batter is out.
 - f. No stealing *except* with a runner on first, no one on second, if the pitcher makes a play on him, the runner can advance to second base. After initial step, second step or thro towards runner is considered a play. A "fake" is not a play.
 - g. Lead-offs are *permitted* at any time. Tagging up is not required between pitches; girls, no lead-offs.
 - h. Once a starter leaves the game, he may return, but only to his original batting position and only once during the game. This rule shall be deleted during tournament play.

- i. Pitcher must start with both feet on the rubber. He is allowed to slide or jump off mound once and may not move front foot until delivery of the ball. Pitcher must deliver ball on the third arm movement, otherwise it will be ruled a ball.
 - j. Pitcher's plate is 35 feet from home plate; girls, 40 feet.
 - k. Pitcher must deliver ball with an open hand, palm up (no twist). The arc must be at least 6 feet, but not more than 12 feet.
 - l. The well is considered part of the strike zone.
 - m. A player who throws the bat will be out automatically.
 - n. The slaughter rule is in effect when the losing team has had five (5) "at bats" and is behind by 15 runs.
7. Girls Only
- a. Six-inning game.
 - b. Baserunners may steal a base and/or home plate when the ball is released from the pitcher.
 - c. There is no limit in the number of bases a baserunner may steal.
 - i. Teams are allowed to score 6 runs per inning (Six-run rule does not apply for the 6th inning) and once 6 runs are scored the offensive team would switch to the field for defense.
 - ii. A 2 hour game time limit would remain in place.
 - d. Slide to avoid contact at any base.
 - e. Pitcher must present the ball. She must start with one foot on the pitching rubber.
 - f. The team will receive one warning for throwing the bat. Next batter will be called out.
 - g. Team will receive one warning for jewelry. Next players will cause an out for her team. If in the field, her team will start the next at bat with one out. No tape over ears will be acceptable.
 - h. Inning will be played until three outs or six runs have been scored by a team. Six-run rule does not apply for the 6th inning.
 - i. Slaughter rule is in effect when the losing team has had four "at bats" and is behind by 10 runs.
 - j. No inning may begin after two hours from the start of the game. Game could result in a tie.
 - k. If catcher is on base and team has two outs, she can be replaced by another runner to put on equipment. The player who made last out will be the new runner. This is not to be considered part of the re-entry rule. This is also optional for the team.
 - l. The team is to be encouraged to abide by the one-minute between innings. Have girls ready to go on the field and to hustle off.
 - m. Catcher's equipment:
 - (1) Mask with throat protector;
 - (2) Chest protector; and
 - (3) Batting helmets – double ear.

E. Soccer

- 1. (2) thirty minute halves with a running clock
- 2. (2) points will be awarded for a win
- 3. (1) point will be awarded for a tie
- 4. During the regular season, games can end in a tie
- 5. During playoffs, there will be (1) ten minute overtime. Shoot-out shots will follow (5) minute halftime
- 6. (11) players on a team
- 7. Team with possession of the ball can call for subs.
- 8. Red cards and yellow cards will be reported to the conference director.
- 9. Eye glasses that are made out of metal or hard plastic are considered illegal equipment. Exception to the rule is form fitting goggles that are approved athletic eyewear.
- 10. Slide tackling is illegal.

- 11. Seeding to the tournament will follow the following criteria:**
 - a. Regular Season Record**
 - b. Head to Head**
 - c. Red/Yellow Cards issued (2 pts Red and 1 pt Yellow)**
 - d. Goals Against**