

PHYSICAL EDUCATION STUDENT CONTRACT

The Physical Education program at Giles School is one phase of the total educational program which enables students to develop physically, mentally, socially and emotionally to their maximum capacity according to their individual abilities.

Through class participation, students will have the opportunity to learn more about themselves as they develop their skills and also learn the fundamentals and rules of various sports and activities. We will work with them to build their self-esteem and self-confidence while also having them understand:

Democracy - to have the power to make choices and decisions

Sportsmanship - to play fair, get along with others and enjoy the activity

Self-worth -to develop mentally, physically and emotionally

I _____ understand the following rules for physical education and accept the consequences when I choose not to follow these rules.

1. I must wear a white t-shirt or sweatshirt, shorts or sweatpants, white athletic socks and gym shoes with laces. I understand the clothes I wear to school may not be used as my gym clothes. Gym Clothes are not to be shared. Hooded sweatshirts are appropriate for cold weather.
2. I understand that attendance is an important part of my grade and that I must be in class and participate to the best of my ability. I understand that the following will be enforced when rules are not followed:

- 1st Copy the study sheet
- 2nd Write a pick-a-sport
- 3rd Parent Contacted
- 4th Dropped a letter grade

I understand that Physical Education is a required subject for graduation.

3. I understand that the use of equipment in physical education is a privilege and that I am responsible for the proper use and care of all equipment I use. I understand that if I misuse equipment that my privilege for using equipment will be lost for an appropriate period of time. If I damage equipment through misuse, I understand that I will be responsible for the cost of replacing the equipment.
4. I understand that I must be dressed and ready for class by 3 minutes following the bell or a penalty will be assessed.

5. I understand that I will treat my classmates with respect.
6. I understand that my grade will depend on my regular attendance to class, my effort and participation, my written test scores, my improvement in skills and my wearing the correct gym attire.

Student Signature: _____

Parent Signature: _____

Date: _____

Fire/Tornado Drill Procedures:

1. Stop activity.
2. Line up quietly.
3. Exit or enter designated areas.